

Arlene A. Bjugstad, Ph.D., LMSW
Curriculum Vita

1. **Arlene A. Bjugstad, Ph.D., LGSW** abjugsta@uccs.edu

2. **Education**

- 2019 – 2023, **University of Houston**, Ph.D., Social Work
- 2016 – 2017, **University of Wisconsin – Milwaukee**, Post Masters Certificate in School Social Work
- 2016 – 2017, **University of Wisconsin – Milwaukee**, Post Masters Certificate in Trauma Counseling
- 2014 – 2016, **Our Lady of the Lake University**, Master of Social Work. Concentration: Hispanic Children and Families
- 2006 – 2007, **Center for Global Education and Experience, Augsburg University**, Social Work in a Latin American Context
- 2004 – 2008, **Winona State University**, Bachelor of Social Work

3. **Professional Experience**

- August 2023 – present, **Assistant Professor**, Social Work Department, College of Public Service, University of Colorado Colorado Springs
- August 2022 – May 2023, **Assistant Professor**, Master of Social Work Department, College of Nursing and Health Sciences, Winona State University
- January 2022 – present **Consultant**, Therapeutic Case Management Program, RAICES & Survivors of Trafficking, Asylee, and Refugee Support (STARS), Houston, Texas
- March 2021 – December 2021, **Research & Evaluation Project Consultant**, Communities in Schools Houston, Houston, TX
- January 2021 – August 2022, **Adjunct Professor**, Master of Social Work Department, College of Nursing and Health Sciences, Winona State University
- April 2020 – August 2021, **Research & Community Consultant**, Robert Wood Johnson Foundation Clinical Scholars Program, Houston, TX
- October 2019 – June 2020, **Project Evaluator**, YMCA International Services for Survivors of Human Trafficking and the Houston Police Department: Human Trafficking Rescue Alliance (HTRA), U.S. Department of Justice Houston, TX

- August 2019 – May 2022, **Doctoral Research Assistant**, Graduate College of Social Work, University of Houston
- August 2014 – July 2019, **School Social Worker & Student Services Chair**, St. Anthony School Milwaukee, Milwaukee, WI
- April 2012 – August 2014, **Bilingual Social Worker & Service Coordinator**, Milwaukee Center for Independence: Birth to Three Program, Milwaukee, WI
- October 2010 – April 2012, **Bilingual Family Support Worker**, Racine/Kenosha Community Action Agency: Head Start Program, Racine, WI
- August 2009 – July 2010, **Bilingual World History and Geography Teacher**, Colegio Marymount, Cuernavaca, Morelos, México
- August 2008 – August 2009, **Bilingual Mexican History & Social Sciences Teacher**, Discovery School, Cuernavaca, Morelos, México
- May 2007 – August 2008, **Study Abroad Co-facilitator**, México & Migration Travel Study Programs, Winona State University, Winona, MN
- January 2008 – June 2008, **Program Development Consultant**, Master of Social Work Program Development, Social Work Department, Winona State University, Rochester, MN
- January 2008 – May 2008, **Bilingual Victim Service Advocate**, Intercultural Mutual Assistance Association, Rochester, MN
- January 2006 – December 2007, **Group Home Counselor**, Home and Community Options, Winona, MN
- September 2005 – December 2007, **Volunteer Advocate**, Women's Resource Center, Winona, MN

Licensure and Certifications

- 2025: **Trainer: Family and Community Preparedness**, Immigrant Legal Resource Center, Houston, TX
- 2022, **Trainer: Latinx Gang Prevention**, National Hispanic/Latino Mental Health Technology Transfer Center, Puerto Rico
- 2020 – present, **Licensed Graduate Social Worker, Minnesota** (Lic. #29499, active)
- 2019, **Facilitator: Mediation Intervention for Sensitizing Caregivers**, University of Houston

- 2019 – 2023, **Licensed Master Social Worker**, Texas (Lic. #69295, inactive beginning December 2023)
- 2017 – 2020: **Trainer: Non-Violent Crisis Intervention**, Crisis Prevention Institute, Milwaukee, WI (inactive beginning January 2020)
- 2017, **Wisconsin School Social Work Certification**, University of Wisconsin – Milwaukee
- 2017, **Trauma Counseling Certification**, University of Wisconsin – Milwaukee
- 2017, **Trauma-Focused Cognitive Behavioral Therapy Certification**, University of Wisconsin – Milwaukee
- 2016, **Biofeedback Certification**, HeartMath Institute, virtual.
- 2016 – 2020, **Certified Advanced Practice Social Worker**, Wisconsin (inactive beginning February 2020)
- 2016, **Facilitator Certification: Love & Logic**, Bruce Guadalupe Community School, Milwaukee WI
- 2015, **Certified Trauma Practitioner**, STAAR Commonwealth, Oshkosh, WI
- 2014, **Certified Partner: Neurosequential Model of Therapeutics**, NMT Network-Milwaukee Center for Independence, Milwaukee, WI
- 2013, **Trauma-informed Sensory Integration Certification**, Milwaukee Center for Independence, Milwaukee, WI
- 2012, **Trainer: Abriendo Puertas (Opening Doors) Parenting Program**, Office of Head Start, Wisconsin Dells, WI
- 2011 – 2016, **Certified Social Worker, Wisconsin** (inactive beginning May 2016)

4. Refereed Publications (N=11)

11. **Bjugstad, A.**, Berger Cardoso, J., Borja, S., Fan, W., & Creswell Báez. (in press, 2025). The Role of School Climate and Institutional Influences on Emotion Regulation Skills: An International Study. *School Mental Health*.
 - Journal Impact Factor: 3.7 (2024), per their website
 - This article is in press and has not yet been cited
10. Berger Cardoso, J., **Bjugstad, A.**, Hernández Ortiz, J., Mohr-Avitia, G., Hernández, N.,

- Portillo, A., Brabeck, K., Borelli, J., & Sharp, C. (2025). Central American and Mexican Mothers and Youth Migration-Related Separations and Reunifications. *Journal of Loss and Trauma*. <https://doi.org/10.1080/15325024.2025.2492728>
- Journal Impact Factor: 2.1 (2024), per their website
 - Per Google Scholar on 8/18/25, this article has not yet been cited
9. Creswell Báez, J., **Bjugstad, A.**, Park, T., Bidwell, L., Jones, J., Hitchcock, L., Sage, M. (2024). Social Work Educators Innovating with Generative AI: An Exploratory Study. *Journal of Social Work Education*, 61(1). <https://doi.org/10.1080/10437797.2024.2411170>
- Journal Impact Factor: 1.8 (2021), per their website
 - Per Google Scholar on 8/18/25, this article has not yet been cited
8. Giraldo-Santiago, N., **Bjugstad, A.**, Berger Cardoso, J., Chen, T., Brabeck, K. & Capps, R. (2024). Latinx Youth's Mental Health Needs and Socioeconomic Factors Associated with Service Utilization. *Journal of the Poor and Underserved*, 35(1), 341-358. <https://muse.jhu.edu/article/919822>
- Journal Impact Factor: 1.4 (2022), per their website
 - Per Google Scholar on 8/12/24, this article has not yet been cited
7. **Bjugstad, A.**, Berger Cardoso, J., Chen, T.A., Brabeck, K., & Borja, S. (2024). Exploring Social and Environmental Predictors of School Engagement Among First and Second-Generation Latino Youth: A Multidimensional Approach. *Psychology in the Schools*, 61(4). 1375-1392. <https://doi-org.uccs.idm.oclc.org/10.1002/pits.23119>
- Journal Impact Factor: 3.0 (2022), per Scopus
 - Per Google Scholar on 6/21/24, this article has not yet been cited
6. Berger Cardoso, J., Brabeck, K., Chen, T., **Bjugstad, A.**, Mytelka, C., & Capps, R. (2023). Threat and deprivation as distinct predictors of post-traumatic stress and depressive symptoms in first and second-generation Latinx youth. *Applied Developmental Science*. <https://doi.org/10.1080/10888691.2023.2251383>
- Journal Impact Factor: 3.8 (2022), per their website
 - Per Google Scholar on 8/12/24, this article has not yet been cited
5. Gearing, R., Washburn, M., Brewer, K., Yu, M., **Bjugstad, A.**, & Torres-Hostos, L. (2023). Predictors of help-seeking for mental health treatment among Latinos. *Journal of Racial Ethnic Health Disparities*. 10. 1869-1877. <https://doi.org/10.1007/s40615-022-01370-y>
- Journal Impact Factor: 3.9 (2022), per their website
 - Cited by 14, per Google Scholar on 8/12/24
4. Brewer, K. B., Gearing, R. E., Cheung, M., Leung, P., Chen, W., Carr, L. C., **Bjugstad, A.** & He, X. (2022). Stigma's influence on mental health treatment in China. *Journal of Mental Health and Social Behaviour*. 4(2). <https://doi.org/10.33790/jmhbsb1100172>
- Journal Impact Factor
 - Per Google Scholar on 8/12/24, this article has not yet been cited

3. Gearing, R.E., Brewer, K., Leung, P., Cheung, M., Chen, W., Carr, C., **Bjugstad, A.**, He, X. (2022). Mental health help-seeking in China. *Journal of Mental Health*.
<https://doi.org/10.1080/09638237.2022.2069703>
 - Journal Impact Factor: 3.3 (2022), per their website
 - Cited by 13, per Google Scholar on 8/12/24
2. Brabeck, K. M., Cardoso, J. B., Chen, T., **Bjugstad, A.**, Capps, R., Capoverde, E., & Trull, A. (2021). Discrimination and PTSD among Latinx immigrant youth: The moderating effects of gender. *Psychological Trauma: Theory, Research, Practice, and Policy*. 14(1), 11-19. <https://doi.org/10.1037/tra0001126>
 - Journal Impact Factor: 6.3 (2024), per their website
 - Cited by 18, per Google Scholar on 8/12/24
1. Misra, S. M, Holdstock, N., Creswell Baez, J., Garcia, N., Gutierrez, A., Swamy, P., Lee, K., & **Bjugstad A.** (2021). Systematic review of utilization of and access to healthcare services by asylum-seeking former unaccompanied minors. *Journal of Public Health*. 30. 2605-2617. <https://doi.org/10.1007/s10389-021-01652-5>
 - Journal Impact Factor: 4.7 (2024), per their website
 - Cited by 5, per Google Scholar on 8/12/24

5. Community-engaged Scholarship and Non-Refereed Publications (N=5)

5. Hasson, R., **Bjugstad, A.**, Lovato, K., Aguilar, C., Creswell Báez, J., Evans, K., Londoño, T., Lopez, A., Lyon, Z, Schmidt, S. & Sepp, S. (2025, August). *The Trump Administration's First 100 Days of Immigration Policy: Impacts to Immigrant Children and Families*. The Center on Immigration and Child Welfare Initiative. [Policy Brief].
https://cimmcw.org/wp-content/uploads/CICW-100-days-brief_Final-1.pdf
4. Berger Cardoso, J. & **Bjugstad, A.** (2024, May 9). *This is Home: Research and Practice with Immigrant Children and Families*. The Action Research Podcast. [Podcast episode]
https://open.spotify.com/episode/3FFyocyqAnvUutGRImJ5hG?si=UA4lQEIHtW6mtK0rwEOE_g&preview=coverart&nd=1&dlsi=dda3075c93c6459d
3. Brady, L. (2024, February 26). How migrants navigate the complicated journey from Venezuela to Colorado schools. *National Public Radio*. [News article featuring **Dr. Arlene Bjugstad**]. <https://www.kunc.org/news/2024-02-26/how-migrants-navigate-the-complicated-journey-from-venezuela-to-colorado-schools>
2. Jha, R. (2024, February 13). *Colorado Springs City Council passes resolution declaring it a Non-Sanctuary City*. Fox News 21. [News article featuring **Dr. Arlene Bjugstad**].
<https://www.fox21news.com/top-stories/colorado-springs-city-council-passes-resolution-declaring-it-a-non-sanctuary-city/>.
1. Zevallos, M. (2023, April 25). *Condado Harris el destino a donde llegan más niños migrantes*

no acompañados. Telemundo Houston. [News interview featuring **Dr. Arlene Bjugstad**].
<https://www.telemundohouston.com/noticias/condado-harris-el-destino-a-donde-llegan-mas-ninos-migrantes-no-acompanados/2325971/>

6. Publications/Creative Works Submitted (N=5, * denotes mentored student)

3. (under review, 2025). Simmons, C. A., **Bjugstad, A.**, Fisk, N.*, Furey, M., & Petrovich, J. C. Institutional and personal reasons for starting academic programs in social work: A qualitative study. *Journal of Social Work Education*.
2. (revise and resubmit, 2025). Bjugstad, A., Mohr Avitia, G., Reiner, B., & Tamietti, A.* Integrating Trauma Informed Concepts Into Social Policy Considerations: Politics, Process, and Policy Analysis. Trauma-informed Macro Practice: Advancing Organizations and Communities. Edited by Simmons, C. & Weiss, E.
1. (Book, re-submission, 2024). **Bjugstad, A.**, Carey, A.D., Collins, J., and Jwacu, T. *Participation in Social Work Research*. Thousand Oaks, CA: Sage Publications.

7. Books and Book Chapters (N=3)

3. Park, T., **Bjugstad, A.**, Furey, M. & Creswell Báez, J. (2025, in press). Addressing Disparities in Child Welfare. *Social, Racial, Economic, and Environmental Justice*, second edition. edited by Benner, K., Loeffler, D., & Pope, N.
2. Berger Cardoso, J., Brabeck, K., **Bjugstad, A.**, Hernandez, J.*, Prosperi, N.*, Venta, A., & Sharp, C. (2021). Migrant Mothers' and Youths' Experiences of Separation and Reunification. In S. McHale, V. King & J. Glick (Ed.), *National Symposium on Family Issues*. New York, NY US: Springer. [Invited and Peer Reviewed]
 - Cited by 5, per Google Scholar on 8/12/24
1. Venta, A. Brabeck, K., Berger Cardoso, J., **Bjugstad, A.**, Ortiz, J.*, Prosperi, N.*, & Sharp, C. (2021). MISC Applied to Families Reunited after Migration-Related Separation. In C. Sharp & L. Marais (Ed.), *Growing up resilient: The Mediation Intervention for Sensitizing Caregivers (MISC)*. New York, NY US: Routledge. [Invited and Peer Reviewed]
 - Cited by 3, per Google Scholar on 8/12/24

8. Published Reviews

No published reviews

9. Presentations at Meetings and Seminars (N=17 conference presentations, N=17 invited presentations, guest lectures, or seminars, * denotes mentored student)

9A. Conference Presentations

17. **Bjugstad, A.** & Berger Cardoso, J. (2025, January 16). *Exploring Emotion Regulation: The*

Role of Schools in Shaping Social, Emotional, and Behavioral Skills Among Diverse Youth Populations. Society for Society Work and Research (SSWR) 29th Annual Conference, Seattle, WA.

16. Berger Cardoso, J. & **Bjugstad, A.** (2024, September 26). *Trauma and Migration Related Separations among Unaccompanied Minors and their Mothers: Implications for Intervention Research.* International Society for Traumatic Stress Studies – 40th Annual Conference. Boston, MA.
15. Gearing, R., Washburn, M., Brewer, K., Yu, M., **Bjugstad, A.**, de la Cruz, P., Garcia Andres, A., & Torres, L. (2024, April 6). *Understanding Predictors of help-seeking for mental health treatment in Mexico and among Latinos in the United States.* [Oral conference presentation]. Joint World Conference on Social Work, Education, and Social Development – 2024. Panama City, Panama.
14. **Bjugstad, A.**, Berger Cardoso, J., Borja, S., Fan, W., & Báez, J.C. (2024, April 5). *Opportunity structures and social, emotional, and behavioral (SEB) skills in an international context.* [Oral conference presentation]. Joint World Conference on Social Work, Education, and Social Development – 2024. Panama City, Panama.
13. Gearing, R., Brewer, K., Cheung, M., Leung, P., Chen, W., Carr, L.C., **Bjugstad, A.** & He, X. (2023, January). *Public Stigma and Self-Stigma Toward Mental Health Treatment in China.* [Oral conference presentation]. Society for Social Work and Research (SSWR) 27th Annual Conference. Phoenix, AZ.
12. **Bjugstad, A.**, Hernandez Ortiz, J.*, Berger Cardoso, J., Brabeck, K., Sanchez, I.* & Pendergast, A.* (2023, January). *Salir Adelante: Transgenerational transmission of trauma and resilience in migrant families.* [Oral conference presentation]. Society for Social Work and Research (SSWR) 27th Annual Conference. Phoenix, AZ.
11. **Bjugstad, A.** (2022, December). *Regional Responses to Global Migration: Focus on Community and Social Service Organizations.* Selected panelist. Universidad Autónoma de México (UNAM) 7^a. Conferencia Regional de Trabajo Social y Migración de México, los Estados Unidos, Canadá y Centroamérica. Éxodos y trayectorias migrantes: entre la ruptura y la (re) construcción. Mexico City, MX.
10. Gearing, R., Washburn, M., Brewer, K., Yu, M., **Bjugstad, A.**, & Torres-Hostos, L. (2022, November). *Latinos' Mental Health Help-Seeking Preferences.* Oral conference presentation. Council on Social Work Education (CSWE) Annual Program Meeting 2022. Anaheim, CA.
9. Giraldo Santiago, N., **Bjugstad, A.**, Berger Cardoso, J., Chen, T., & Brabeck, K. (2022, January). *Predictors of Mental Health Service Utilization Among Latino High School Students and the Moderating Role of School Location.* [Oral conference presentation]. Society for Social Work and Research 26th Annual Conference. Washington, DC.

8. Gearing, R. E., Brewer, K. B., Leung, P., Cheung, M., Chen, W., Carr, L. C., **Bjugstad, A.**, & He, X. (2022, January). *Chinese Mental Health Help-Seeking*. [E-poster presentation]. Society for Social Work and Research 26th Annual Conference. Washington, DC.
7. Berger Cardoso, J., **Bjugstad, A.**, Brabeck, K., Chen, T., Mytelka, C. & Crea, T. (2022, January). *Threat and Deprivation as Distinct Predictors of Posttraumatic Stress and Depression Symptoms in First and Second Generation Latinx Youth*. [Oral conference presentation]. Society for Social Work and Research 26th Annual Conference. Washington, DC.
6. **Bjugstad, A.**, Berger Cardoso, J., Brabeck, K., Hernandez Ortiz, J.*, & Sharp, C. (2021, November). *“And they left us behind”: Exploring the multiple separations experienced by unaccompanied immigrant youth*. [Oral conference presentation]. Council for Social Work Education (CSWE) Annual Program Meeting 2021. Orlando, Florida.
5. **Bjugstad, A.**, Berger Cardoso, J., Brabeck, K., & Capps, R. (January 2021). *Unpacking Three Domains of School Engagement among First and Second Generation Latinx Youth: The Roles of Discrimination and Trauma*. [E-poster presentation]. Society for Social Work and Research. Online Virtual.
4. **Bjugstad, A.**, Berger Cardoso, J., Brabeck, K., & Capps, R. (November 2020). *The Impact of Discrimination and Immigration Enforcement on School Engagement Among Latinx Youth*. [Oral conference presentation]. Joint World Conference on Social Work, Education, and Social Development (SWESD2020), Rimini, Italy.
3. Mohr, G., Aquino Adriatico, G, and **Bjugstad, A.** (November 2020). *Using Day of the Dead as a Bereavement Tool in Schools in Mexico and the Philippines*. [Oral conference presentation]. Joint World Conference on Social Work, Education, and Social Development (SWESD2020), Rimini, Italy.
2. **Bjugstad, A.** and Giraldo Santiago, N. (November 2019). *Neoliberal Welfare State: A Social Work Perspective on the Public Charge Rule*. [Oral conference presentation]. Annual Binational Conference: U.S./Mexico, Houston, TX.
2. **Bjugstad, A.** (2016). *Building Relationships with Students and Their Families*. Invited oral conference presentation. Center for Urban Education Annual Conference, Milwaukee, WI.
1. Carey, A.D. and **Bjugstad, A.** (2008). *Service Learning in Social Work Education Programs Focused Outside of the United States*. Oral Conference Presentation. Minnesota Council on Social Work Education, Farmington, MN.

9B. Invited Presentations, Guest Lectures, or Seminars (N=18)

18. **Bjugstad, A.** & Howell, S. (2025, September). *Community-based Strategies to Support Newcomer Immigrant Children and Families* Invited Presentation, Baker Institute at Rice University. Houston, TX.

17. **Bjugstad, A.** & Francis, T. (2024, April). *Leading through challenge*, Invited Keynote Speech, National Society of Leadership and Success Induction Ceremony, University of Colorado at Colorado Springs
16. **Bjugstad, A.** (2024, March). *Social Justice Through Research: A Community-Engaged Research Presentation*. Invited lecture for BSW research course at St. Olaf College with Professor Hillary Lamberty. Virtual.
15. **Bjugstad, A.** (2024, February). *Community-Engaged Research (CEnR) in Practice*. Invited lecture for Community Engaged Research PhD course at the University of Houston Graduate College of Social Work with Dr. Sharon Borja. Virtual.
14. **Bjugstad, A.** (2023, October). *Providing direct services to recently resettled refugee women from Afghanistan*, Invited Staff Training, Women Partnering, Colorado Springs, CO.
13. **Bjugstad, A.** & Howell, S. (2023, June). *Immigrant and Refugee Children & Families in Our Communities*. Harris County Resources for Children and Families. Houston, TX.
12. **Bjugstad, A.** (2023, May). *Working with displaced populations: Immigrants and Refugees*. Webinar. Continuing Education Cooperative, Paying it Forward. Virtual.
11. Berger Cardoso, J. & **Bjugstad, A.** (2023, May). *Care or Control? Reexamining the immigration system in place for youth and children*. Webinar. Center on Migration at the University of South Carolina. Virtual.
10. **Bjugstad, A.** (2023, April). *Multi-tiered systems of support: What school social workers need to know*. Invited lecture for School Social Work Practice course at the University of Houston Graduate College of Social Work with Dr. Sheara Jennings. Houston, TX.
9. **Bjugstad, A.** (2022, August). *Working with Displaced Populations*. Oral Training for Early Childhood Service Providers. Baker Ripley Head Start/Early Head Start Staff Training. Houston, TX.
8. **Bjugstad, A.** (2022, March). *Multi-tiered systems of support: What school social workers need to know*. Invited lecture for School Social Work Practice course at the University of Houston Graduate College of Social Work with Dr. Sheara Jennings. Houston, TX.
7. **Bjugstad, A.** (2021, July). *Social Work & Immigration: Contemporary Contexts*. Invited oral presentation. Professional Development Lab. Master of Social Work Program. Winona State University – Rochester.
6. **Bjugstad, A.** (2020, November). *School-based psychosocial interventions*. Invited lecture for School Social Work Practice course at the University of Houston Graduate College of Social Work with Dr. Sheara Jennings. Online via MS Teams.

5. **Bjugstad, A.** (2015, 2016, 2017, & 2018). *Multi-Tiered Systems of Support in Parental Choice Private Schools (PK-12)*. Staff training. St. Anthony School Milwaukee, Milwaukee, WI.
 4. **Bjugstad, A.** (2017, 2018). *Utilizing Parent-Teacher Interaction Training in Your Classroom (PK-K)*. Staff training. St. Anthony School Milwaukee, Milwaukee, WI.
 3. **Bjugstad, A.** (2016). *Spanish for Educators*. Education series. St. Anthony School Milwaukee, Milwaukee, WI
 2. **Bjugstad, A.** (2016). *Embracing the Energy in your Classroom*. Workshop. St. Anthony School Milwaukee, Milwaukee, WI.
 1. **Bjugstad, A.** (2015). *Best Practices for Students with ADHD in the Classroom*. Workshop. St. Anthony School Milwaukee, Milwaukee, WI.
- 10. Grants and Scholarship** (N=7 funded, N=12 not funded, N=1 submitted under review)

10A. Funded (N=7)

7. FY 2024, Primary Author, *Adaptation of an attachment-focused intervention for newcomer immigrant youth and mothers*, Funded by the Office for Student Research Undergraduate Research Academy (URA) at the University of Colorado, Colorado Springs \$3,765. Bjugstad role is Principal Investigator. (Courtney Moore is sponsored undergraduate)
6. FY 2024 – 2026, Co-Wrote, *Pilot Trial of an Attachment-focused Intervention for newcomer immigrant youth and mothers*. Funded by Division of Research at the University of Houston \$40,000. Bjugstad role is Co-Principal Investigator. (Co PIs: Dr. Jodi Berger Cardoso and Dr. Jessica Borelli).
5. FY 2024 – 2026, Primary Author, *Adaptation of an attachment-focused intervention for newcomer immigrant youth and mothers*, Funded by the University of Colorado at Colorado Springs Office of Research, \$7,500, Bjugstad role is Principal Investigator.
4. FY 2024 – 2026, Co-Wrote, *Virtual Case Management Program for Enhancing Resilience and Support of Unaccompanied Immigrant Youth in the U.S.* Funded by Lyda Hill Institute for Human Resiliency, \$16,000, Bjugstad role is Co-Principal Investigator (Co PI: Dr. Johanna Creswell Báez).
3. FY 2022 – 2026, Co-Wrote, *Houston-area Immigrant Legal & Social Services Funds*. Funded by American Rescue Plan Act, \$4,026,000, Bjugstad role is coalition member with the Houston LEADS Coalition.
2. FY 2022 – 2023, Primary Author, *Professional Improvement Funds to Present Scholarly Research*. Winona State University, \$2,000, Bjugstad role is Assistant Professor.
1. FY 2022, Primary Author, *The Grand Challenges of Social Work (GCSW) Dissertation*

Fellowship, Grand Challenges for Social Work, \$500 (honorable mention), Bjugstad role is Principal Investigator.

10B. Grants Submitted, Under Review (N=11 not funded, N=1 rescinded, N=1 under review)

13. FY 2026 – 2027, Primary Author, *Indigenous Resistance, De-Colonization, and Self-Determination in the Americas: A mixed-methods study*. Funded by the University of Colorado Colorado Springs Faculty Research and Creative Works Revitalization Fellowship, Bjugstad role is Principal Investigator (submitted, 2025).
12. FY 2025 – 2027, Co-Wrote, *Unaccompanied Children Youth Lived Experience Project*. Funded by the U.S. Office of Refugee Resettlement, \$5,400,000, Bjugstad role is Research Partner (Co PIs: Church World Service and Dr. Jodi Berger Cardoso), (funding rescinded, January 2025)
11. FY 2025 – 2027, Co-Wrote, *Navigating the Unknown: Understanding the Impact of Federal Immigration Policies on the Safety, Stability, and Integration of Unaccompanied Immigrant Children in U.S. Communities*. Funded by the Russell Sage Foundation, \$200,000, Bjugstad role is Co-Principal Investigator (Co PIs: Dr. Johanna Creswell Báez and Dr. Kerri Evans), (not awarded, 2024).
10. FY 2024 – 2027, Co-Wrote, *Policy Pathways for Inclusion: Elevating Voices of Unaccompanied Immigrant Children and Their Families*. Funded by Robert Wood Johnson Foundation, \$250,000, Bjugstad role is Co-Principal Investigator (Co PIs: Dr. Johanna Creswell Báez and Dr. Kerri Evans), (not awarded, 2024).
9. FY 2023 – 2024, Primary Author, *Hispanic Research Center Award*. Funded by the National Research Center on Hispanic Children & Families, \$2,500, Bjugstad role is Principal Investigator, (not awarded, 2023).
8. FY 2023 – 2024, Primary Author, UCCS Teaching Enhancement Grant. (not awarded, 2023)
7. FY 2023 – 2024, Primary Author, *MSW Practicum in Community Organizing*. Funded by Special Projects Award at Winona State University, \$6,000, Bjugstad role is program facilitator, (not awarded, 2023).
6. FY 2022 – 2024, Primary Author, *Spencer Foundation Dissertation Fellowship*, Funded by the National Association of Education, \$27,500, Bjugstad role is Principal Investigator, (not awarded, 2022).
5. FY 2022 – 2023, Primary Author, *Protecting Immigrant Families Through Community Partnerships*, Funded by Protecting Immigrant Families Coalition, \$25,000, Bjugstad role is co-facilitator, (not awarded, 2022)
4. FY 2022 – 2028, Co-Wrote, *Randomized Controlled Trial of MISC with Latinx immigrant families*, Funded by National Institute on Minority Health and Health Disparities, \$1,000,000,

Bjugstad role is Co-Investigator (PIs: Dr. Jodi Berger Cardoso and Dr. Mitra Misra), (not awarded, 2022).

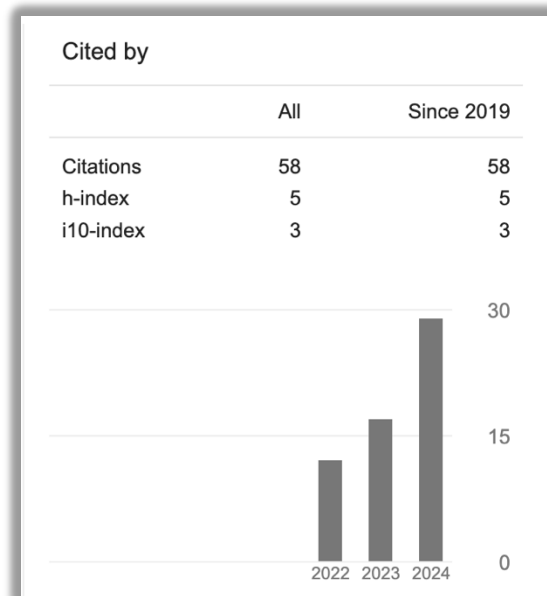
3. FY 2022, Co-Wrote, *Aurora Humanitarian Prize nomination of LaUnidad11 founders*, Funded by Aurora Humanitarian Prize, \$1,000,000, Bjugstad role is nominator, (not awarded, 2022).
2. FY 2021 – 2024, Co-Wrote, *Research for Reducing Inequality: Impact of School Safe Zones on Latinx Youth Social, Emotional, and Behavioral Outcomes*, Funded by the William T. Grant Foundation, \$350,000, Bjugstad role is Co-Investigator (Co-PIs: Dr. Jodi Berger Cardoso and Dr. Catalina Amuedo Dorantes), (invited to submit full proposal-not awarded, 2021).
1. FY 2020 – 2023, Primary Author, *Health Policy Research Scholar*, Funded by Robert Wood Johnson Foundation, \$38,000 annually for up to four years, Bjugstad role is health policy research scholar, (not awarded, 2020).

10C. Other indicators of the quality of your scholarly and creative work; citations of papers; purchases of your works by museums, reviewer of other people’s scholarly works, etc.

10C.1. Google Scholar Indices

10C.1.a. All h-index = 5, i10-index = 3, total citations = 58

10C.1.b. Google Scholar Citation Table



11. Courses Taught (including practicum) (N=4)

11A. University of Colorado, Colorado Springs

5. SOWK 5391: Power, Racism, Oppression, and Privilege in Social Work Practice (2 sections,

graduate, in-person & hybrid), Fall 2025

4. SOWK 5003-H01 & OS1: Research for Social Work Practitioners (2 sections, graduate in-person hybrid and synchronous online), Spring 2025

3. SOWK 5391: Racism, Oppression, and Privilege (PROP) in Social Work Practice (2 sections, graduate, in-person & hybrid), Fall 2024

2. SWRK 3003: Social Work Research (2 sections, undergrad, asynchronous online), Fall 2023 & Spring 2023

1. SWRK 3268: Contemporary Issues in Social and Public Policy (2 sections, undergrad social work and criminal justice, in-person & hybrid), Fall 2023 & Spring 2023

11B. Winona State University (N=11)

12. Field Instructor (graduate): Provided weekly supervision to 8 clinical social work practicum students (2021-2022, 2022-2023, 2023-2024, & 2024-2025)

11. MSW 637: Professional Development II (1 section, grad, asynchronous online), Spring 2023

10. MSW 638: Professional Development III (1 section, grad, asynchronous online), Spring 2023

9. MSW 530: Understanding Social Work Research (2 sections, grad, asynchronous online), Spring 2023

8. MSW 520: Social Work Policy & Laws (1 section, grad, asynchronous online), Fall 2022

7. MSW 540: Generalist Social Work Practice (1 section, grad, asynchronous online), Fall 2022

6. MSW 636: Professional Development II (2 sections, grad, asynchronous online), Summer 2022 & Fall 2022

5. MSW 500: MSW Orientation (3 sections, grad, asynchronous online), Summer 2022 & Fall 2022

4. MSW 635: Practice Evaluation and Supervision (1 section, grad, asynchronous online), Spring 2022

3. MSW 538: Professional Development II (2 sections, grad, asynchronous online), Spring 2022 & Spring 2023

2. MSW 537: Professional Development I (2 sections, grad, asynchronous online), Fall 2022 & Fall 2023

1. MSW 541: Advanced Generalist Social Work Practice (6 sections, grad, asynchronous online),

Spring 2021 – Spring 2023

11C. University of Houston (N=4)

5. Field Instructor (graduate): Provided weekly supervision to macro-focused social work practicum student (2020-2021)
4. SOCW 6305: Research & Knowledge Building in Social Work Practice (1 section, grad, synchronous online), Spring 2022
3. SOCW 7324: Clinical Applications of DSM in Social Work (1 section, grad, synchronous online), Fall 2021
2. SOCW 7324: Clinical Applications of DSM in Social Work (1 section, grad, asynchronous online), Spring 2021
1. SOCW 7301: Confronting Oppression and Injustice (1 section, grad, asynchronous online), Spring 2021

12. Recognitions (N=13)

- | | |
|----------------|---|
| 13. 2024 | Student Club Advisor of the Year , nominated by Students Demand Action (SDA), University of Colorado at Colorado Springs |
| 12. 2024 | Rising Star Diversity Award , University of Colorado at Colorado Springs |
| 11. 2023 | Honors Dissertation Distinction , Graduate College of Social Work, University of Houston |
| 10. 2023 | Outstanding MSW Faculty Award , MSW Class of 2023, Winona State University |
| 9. 2023 | Grand Challenges for Social Work Dissertation Award (honorable mention) , Grand Challenges for Social Work (GCSW) |
| 8. 2022 | Student Employee of the Year Distinction , University of Houston |
| 7. 2020 – 2021 | Presidential Endowed Scholarship , The Graduate School, University of Houston |
| 6. 2019 – 2020 | Florence Clemenger Presidential Endowed Scholarship , The Graduate School, University of Houston |
| 5. 2019 – 2023 | Graduate Fellowship . The Graduate School, University of Houston |

4. 2008 **Magna Cum Laude Graduate**, Winona State University
3. 2008 **Outstanding Social Work Graduate Recognition**, Winona State University
2. 2007 **Scholarship Recipient**, Winona Senior Friendship Center, Winona, MN
1. 2004 – 2008 **Scholarship Recipient**, Charles and Ellora Alliss Educational Foundation Scholarship, Minnesota State Colleges and Universities, Winona, MN

13. Professional Organizations

10. **Phi Alpha Social Work Honor Society**, 2024 until present
9. **Texas Immigration Coalition**, 2022 until present
8. **Houston LEADS Coalition**, 2022 until 2023
7. **Society for Social Work Research**, 2021 until present
6. **Central American Minors (CAM) Working Group**, 2019 until present
5. **Proyecto Mamá Advisory Board**, 2017 until 2019
4. **National Association of Social Workers**, 2016 until 2018
3. **Urban School Professionals Network: Milwaukee**, 2015 until 2019
2. **Milwaukee Latino Health Coalition**, 2012 until 2016
1. **Racine Literacy Coalition**, 2011 until 2012

14. Service

14A. Service: Department/Program

17. **PROP Course Planning Committee**, responsible for curriculum development and ongoing monitoring (April 2024 – present)
16. **Search Committee Chair**, responsible for search committee chair duties for three IRC faculty lines (March 2025 – May 2025)
15. **Student Memorial Planning Committee Chair**, responsible for organizing student memorial services (October 2024 – August 2025)
14. **Search Committee Member**, responsible for search committee duties for one IRC faculty

line, (September 2024 – March 2025)

13. **MSW Admissions Committee**, responsible for creating and implementing admissions policies and procedures for MSW student enrollment, (August 2024 – Present)
12. **Course Lead, Social Work Research (MSW)**, responsible for curriculum design, development, and resources, (August 2024 – Present)
11. **Course Lead, Power, Racism, Oppression, and Privilege (MSW)**, responsible for curriculum design, development, and resources, (August 2024 – Present)
10. **Undergraduate Research Advisor**, summer mentoring of one BSW student in research and scholarship, 20 hours per week (May 2024 – Present)
9. **College of Public Service Scholarship Committee**, reviewed assigned applications and provided rankings based on student responses (March 2024)
8. **Social Work Representative**, Gateway Program Seminar (GPS) undergraduate event representative discussing social work as a major and profession, (Spring 2024)
7. **Advisor, Phi Alpha Honor Society**, faculty advisor for the Delta Kappa Phi Chapter (November 2023 – Present)
6. **Graduate Research Advisor, UCCS Social Work Program**, annually mentoring two students in research and scholarship, 14 hours per week (September 2023 – Present)
5. **Member, Bachelor of Social Work Admission to Major Committee**, (September 2023 – May 2024)
4. **Member, Bachelor of Social Work (BSW) Program Curriculum Design & Development Committee**, alignment with the 2022 CSWE education and policy standards (EPAS), (August 2024 – May 2024)
3. **Course Lead, Social Work Research (BSW)**, responsible for curriculum design, development, and resources, (August 2023 – May 2024)
2. **Course Lead, Contemporary Issues in Social and Public Policy (BSW/CJ)**, responsible for curriculum design, development, and resources, (August 2023 – May 2024)
1. **Member, Social Work Committee**, monthly department meetings (August 2023 – Present)

14B. Service: College/University

8. **Masters Thesis Committee, Master of Psychology**, served as second reader for psychology student, Melissa Ramirez Barriga (April 2025 – present)

6. **Keynote Speaker, National Society of Leadership and Success (NSLS)**, selected by members of the UCCS NSLS chapter to provide a keynote speech at the 2024 induction ceremony, (April 2024)
5. **Advisor, Students Demand Action (SDA)**, served as primary advisor for the newly formed UCCS SDA chapter, <https://mlc.uccs.edu/organization/uccssda> (February 2024 – Present)
4. **Capstone Committee, Master of Public Administration**, served as the methodologist and second reader for MPA student, Eric Gomez, (December 2023 – May 2024)
3. **Affiliate, Lyda Hill Institute for Human Resilience**, research affiliate, quarterly meetings with other institute affiliates (November 2023 – Present)
2. **Affiliate, Center for Human Security**, research affiliate, (October 2023 – Present)
1. **Member, CPS Council**, monthly meetings as a college, (August 2023 – Present)

14C. Service: State and National Government Agencies

5. **Member, Pikes Peak Refugee Network**, contributing member of the network aimed at disseminating information and resources, (February 2024 – Present)
4. **Consultant, Accompaniment and Sanctuary Coalition COS**, served as development consultant for member organizations serving immigrant clients, (January 2024 – Present) <https://www.asccos.org/>
3. **Consultant, Women Partnering COS**, served as training and development consultant on best practices with refugee clients, (November 2023 – August 2024) <https://www.womenpartnering.org/>
2. **Consultant, Survivors of Torture, Asylee, and Refugee Support (STARS)**, serves as clinical consultant on referrals (2022 – Present) <https://starcounselingconsultation.com/star-support-overview>
1. **Co-facilitator, Central American Minors (CAM) Working Group**, serves as primary facilitator and director of grassroots coalition in Houston, Texas, (2019 – Present) <https://starcounselingconsultation.com/cam-working-group>

14D. Service: Accreditation and Program Review Site Visits

Dr. Bjugstad has not conducted accreditation or program site visits.

14E. Service: Committees of Professional Societies or Associations

7. ***Journal of Loss and Trauma***, Manuscript Peer Reviewer (July 2024 – Present)

6. **Oxford University Press, School Social Work Series: Central American Immigrant Children**, Book Peer Reviewer, (April 2024 – Present)
5. **Oxford University Press, Oxford Bibliographies Project**, Annotated Bibliography Peer Reviewer, (December 2023 – Present)
4. ***Psychology in the Schools***, Manuscript Peer Reviewer, (October 2023 – Present)
3. ***International Journal of Intercultural Relations***, Manuscript Peer Reviewer, (August 2023 – Present)
2. **Unaccompanied Youth Response & Education Subcommittee**, Central American Minors Working Group (CAM), Houston, TX (2023 – Present)
1. **Texas Immigration Coalition**, monthly meetings with key stakeholders and policy makers, (2022 – 2023)

14F. Service: Session Chair at Professional Meetings

2. **Organizer, Unaccompanied Youth Response & Education Subcommittee**, Central American Minors Working Group (CAM), Houston, TX (2021 – 2023)
<https://starcounselingconsultation.com/cam-working-group>
1. **Co-facilitator, Central American Minors (CAM) Working Group**, serves as primary facilitator and director of grassroots coalition in Houston, Texas, (2019 – Present)
<https://starcounselingconsultation.com/cam-working-group>

14G. Service: Student Focused

14G.1. Student Committees (Capstone, Thesis, Doctoral Program, and Dissertation)

3. **Dissertation Committee Member**, Doctor of Social Work (DSW), served as topic expert for social work student, Sarah Howell at the University of Pennsylvania (July 2024 – August 2025).
2. **Masters Thesis Committee**, Master of Psychology, served as second reader for psychology student (April 2025 – present)
1. **Capstone Committee**, Master of Public Administration, served as the methodologist and second reader for UCCS MPA student, Eric Gomez, (December 2023 – May 2024)

14G.2. Student Advising, Internship Advisor, and Social Work Field Instructor

9. **Teaching Mentor**, provide oversight and mentorship to graduate student on teaching, (March 2025 – Present)

8. **Graduate Research Mentor**, provide oversight and mentorship to graduate student on research project related to mental health among populations from underrepresented backgrounds, (October 2024 – Present)
7. **Graduate Student Advisor**, academic and professional advisor for 26 Master of Social Work Students (August 2024 – May 2025).
6. **Undergraduate Research Advisor**, summer mentoring of one BSW student in research and scholarship, 10 hours per week (May 2024 – December 2024)
5. **Research Mentor**, provide oversight and mentorship to post-graduate UCCS MSW alum on research project involving Pro-Palestine organizers, (May 2024 – Present)
4. **Program Design Mentor**, provide mentorship to BSW student on program design and development in collaboration with Colorado Workforce Development, (April 2024 – Present)
3. **Policy Practice Mentor**, provide mentorship to 8 undergraduate students interested in policy actions and advocacy, (February 2024 – Present)
2. **Research Mentor**, provide oversight and mentorship to two BSW students participating in Mountain Lion Research Day, (December 2023)
1. **MSW Practicum Supervisor**, supervised MSW student 18 hours per week to complete practicum, focused on program support for the Central American Minors (CAM) Working Group, (August 2023 – April 2024)