



College of Public Service

UNIVERSITY OF COLORADO COLORADO SPRINGS

Master of Social Work

Spring 2026 Courses

January 20, 2026 – May 16, 2026

Course #	Course Title	Format*	Class Meetings	Instructor
SOWK 5003-001	Research for Practitioners	In Person	Weekly in-person meetings held on campus Wednesday 4:45PM-7:20PM.	Alex Ochs
SOWK 5003-H01	Research for Practitioners	Hybrid	Weekly in-person meetings held on campus Tuesday 3:05PM-4:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Arlene Bjugstad
SOWK 5003-OS1	Research for Practitioners	Online Synchronous	Weekly virtual meetings on Monday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Arlene Bjugstad
SOWK 5003-OS2	Research for Practitioners	Online Synchronous	Weekly virtual meetings on Thursday 7:30PM-9:00PM. The remainder of this course is conducted online at no scheduled meeting time.	Alex Ochs
SOWK 5004-001	Org & Community Social Work	In Person	Weekly in-person meetings held on campus on Thursday 1:40PM-4:20PM.	Elinah Russell
SOWK 5004-H01	Org & Community Social Work	Hybrid	Weekly in-person meetings held on campus Monday 6:05PM-7:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Catherine Simmons
SOWK 5004-OL1	Org & Community Social Work	Online Asynchronous	N/A	Catherine Simmons
SOWK 5004-OS1	Org & Community Social Work	Online Synchronous	Weekly virtual meetings on Tuesday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Jessica Mars
SOWK 5005-001	Group and Family Systems	In Person	Weekly in-person meetings held on campus Thursday 4:45PM-7:20PM.	Anna Nicol

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SOWK 5005-H01	Group and Family Systems	Hybrid	Weekly in-person meetings held on campus Monday 4:45PM-6:00 PM. The remainder of this course is conducted online at no scheduled meeting time.	Shelby Hall
SOWK 5005-OS1	Group and Family Systems	Online Synchronous	Weekly virtual meetings on Wednesday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Shelby Hall
SOWK 5112-H01	Generalist Practicum II	Hybrid	Students complete seven in-person meetings over the course of the semester, scheduled on Mondays between 7:30PM-9:00PM. The remainder of the course is practicum hours conducted at an approved social service agency.	Courtney Lopez
SOWK 5112-H02	Generalist Practicum II	Hybrid	Students complete seven in-person meetings over the course of the semester, scheduled on Wednesdays between 3:05PM-4:20PM. The remainder of the course is practicum hours conducted at an approved social service agency.	Annie Zean Dunbar
SOWK 5112-OS1	Generalist Practicum II	Online Synchronous	Students complete seven online class meetings over the course of the semester, scheduled on Tuesdays between 10:50AM-12:20PM. The remainder of the course is practicum hours conducted at an approved social service agency.	James Hinkle
SOWK 5390-001	Rethinking Social Policy	In Person	Weekly in-person meetings held on campus Monday 1:40PM-4:20PM.	Andrew Rivera
SOWK 5390-H01	Rethinking Social Policy	Hybrid	Weekly in-person meetings held on campus Wednesday 7:30PM-9:00PM. The remainder of this course is conducted online at no scheduled meeting time.	Andrew Rivera
SOWK 5390-OL1	Rethinking Social Policy	Online Asynchronous	N/A	Matthew Anderson

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SOWK 5390-OS1	Rethinking Social Policy	Online Synchronous	Weekly virtual meetings on Tuesday 4:45PM-7:20PM.	Matthew Anderson
SOWK 6003-001	Treatment of Trauma	In Person	Weekly in-person meetings held on campus Tuesday 4:45PM-7:20PM.	Jessica Smith
SOWK 6003-B02	Treatment of Trauma	Hybrid	Meets in person on the following Saturdays only: 1/24, 2/07, 2/21, 3/07, and (backup date) 3/14, 9:00AM – 4:00PM. 3/14 meeting date is a backup meeting date in case a session is cancelled due to weather, and students should confirm meeting dates on the instructor's syllabus. The remainder of the course is conducted online at no scheduled meeting time.	Stephanie Gangemi
SOWK 6003-OS1	Treatment of Trauma	Online Synchronous	Weekly virtual meetings on Thursday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Michelle Moar
SOWK 6003-OS2	Treatment of Trauma	Online Synchronous	Weekly virtual meetings on Thursday 4:45PM-7:20PM.	Jessica Mars
SOWK 6003-OS3	Treatment of Trauma	Online Synchronous	Weekly virtual meetings on Wednesday 7:30PM-9:00PM. The remainder of this course is conducted online at no scheduled meeting time.	Michelle Moar
SOWK 6052-OS1	Child Welfare: Skills & Pract	Online Synchronous	Weekly virtual meetings on Monday 7:30PM-9:00PM. The remainder of this course is conducted online at no scheduled meeting time.	Kelsea Gutknecht
SOWK 6054-H01	Wellness, Recovery, Intg Care	Hybrid	Weekly in-person meetings held on campus Tuesday 6:05PM-7:35PM. The remainder of this course is conducted online at no scheduled meeting time.	Trisha Montoya
SOWK 6055-OS1	Practice w/ Military Families	Online Synchronous	Weekly virtual meetings on Thursday 3:05PM-4:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Michelle Moar
SOWK 6058-001	School SW Interventions	In Person	Weekly in-person meetings held on campus Wednesday 4:45PM-7:20PM.	Carolena Steen

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SOWK 6058-002	School SW Interventions	In Person	Weekly in-person meetings held on campus Wednesday 1:40PM-4:20PM.	Carolena Steen
SOWK 6070-001	Crisis Intervention	In Person	Weekly in-person meetings held on campus Wednesday 1:40PM-4:20PM.	Barry Koch
SOWK 6071-OS1	Neuroscience for Social Work	Online Synchronous	Weekly virtual meetings on Monday 4:45PM-7:20PM.	James Hinkle
SOWK 6112-H03	Specialized Practicum II	Hybrid	Students complete seven class meetings over the course of the semester, scheduled on Wednesdays between 4:45PM-6:00PM. The remainder of the course is practicum hours conducted at an approved social service agency.	Bianca Brandon
SOWK 6112-H02	Specialized Practicum II	Hybrid	Students complete seven class meetings over the course of the semester, scheduled on Thursdays between 7:30PM-9:00PM. The remainder of the course is practicum hours conducted at an approved social service agency.	Mari Moxley
SOWK 6112-OS1	Specialized Practicum II	Online Synchronous	Students complete seven online class meetings over the course of the semester, scheduled on Mondays between 10:50AM-12:20PM. The remainder of the course is practicum hours conducted at an approved social service agency.	Michelle Moar
SOWK 6112-OS3	Specialized Practicum II	Online Synchronous	Students complete seven online class meetings over the course of the semester, scheduled on Mondays between 10:50AM-12:20PM. The remainder of the course is practicum hours conducted at an approved social service agency.	Annie Zean Dunbar
SOWK 6112-OS4	Specialized Practicum II	Online Synchronous	Students complete seven online class meetings over the course of the semester, scheduled on Mondays between 4:45PM-6:00PM. The remainder of the course is practicum hours conducted at an approved social service agency.	Laurel Cartwright

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SOWK 6113-001	Trauma Informed Seminar	In Person	Weekly in-person meetings held on campus Wednesday 4:45PM-7:20PM.	Mari Moxley
SOWK 6113-H01	Trauma Informed Seminar	Hybrid	Weekly in-person meetings held on campus Monday 3:05PM-4:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Michelle Moar
SOWK 6113-OS3	Trauma Informed Seminar	Online Synchronous	Weekly virtual meetings on Tuesday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Alex Ochs
SOWK 6113-OS1	Trauma Informed Seminar	Online Synchronous	Weekly virtual meetings on Tuesday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Johanna Creswell Báez
SOWK 6113-OS2	Trauma Informed Seminar	Online Synchronous	Weekly virtual meetings on Monday 7:30PM-9:00PM. The remainder of this course is conducted online at no scheduled meeting time.	Alex Ochs
SOWK 6600-OS1	Special Topics: Death, Dying, and End-of-Life Care	Online Synchronous	Weekly virtual meetings Thursday 4:45PM-7:20PM.	Shannon Johnson

* Course Format Descriptions

- **Hybrid** – Course uses a combination of in-person and online instruction, with the majority of the instruction being conducted online. All students attend in-person instruction together during the scheduled class time. The balance of the course is conducted online at no scheduled time (asynchronous).
- **In Person** – All instruction is in person on campus in a classroom with a specified meeting time. The instructor may also use the online Canvas course shell for assignments and/or readings and other course materials.
- **Online Asynchronous** – Course is conducted online at no scheduled time (asynchronous). All instruction is fully online including discussions, activities, group work and peer interaction. Online courses carry a \$100 online course fee.
- **Online Synchronous** – Course meets online in real time during the specified meeting time. All instruction is fully online including discussions, activities, group work and peer interaction. Online courses carry a \$100 online course fee.

Updated 01/07/2026