



College of Public Service

UNIVERSITY OF COLORADO COLORADO SPRINGS

## Master of Social Work

### Spring 2026 Courses

January 20, 2026 – May 16, 2026

Course #	Course Title	Format*	Class Meetings	Instructor
SOWK 5003-001	Research for Practitioners	In Person	Weekly in-person meetings held on campus Wednesday 4:45PM-7:20PM.	Alex Ochs
SOWK 5003-H01	Research for Practitioners	Hybrid	Weekly in-person meetings held on campus Tuesday 3:05PM-4:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Arlene Bjugstad
SOWK 5003-OS1	Research for Practitioners	Online Synchronous	Weekly virtual meetings on Monday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Arlene Bjugstad
SOWK 5003-OS2	Research for Practitioners	Online Synchronous	Weekly virtual meetings on Thursday 7:30PM-9:00PM. The remainder of this course is conducted online at no scheduled meeting time.	Alex Ochs
SOWK 5004-001	Org & Community Social Work	In Person	Weekly in-person meetings held on campus on Thursday 1:40PM-4:20PM.	Elinah Russell
SOWK 5004-H01	Org & Community Social Work	Hybrid	Weekly in-person meetings held on campus Monday 6:05PM-7:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Catherine Simmons
SOWK 5004-OL1	Org & Community Social Work	Online Asynchronous	N/A	Catherine Simmons
SOWK 5004-OS1	Org & Community Social Work	Online Synchronous	Weekly virtual meetings on Tuesday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Jessica Mars
SOWK 5005-001	Group and Family Systems	In Person	Weekly in-person meetings held on campus Thursday 4:45PM-7:20PM.	Anna Nicol

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<b>SOWK 5005-H01</b>	<b>Group and Family Systems</b>	<b>Hybrid</b>	Weekly in-person meetings held on campus Monday 4:45PM-6:00 PM. The remainder of this course is conducted online at no scheduled meeting time.	<b>Shelby Hall</b>
<b>SOWK 5005-OS1</b>	<b>Group and Family Systems</b>	<b>Online Synchronous</b>	Weekly virtual meetings on Wednesday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	<b>Shelby Hall</b>
<b>SOWK 5112-H01</b>	<b>Generalist Practicum II</b>	<b>Hybrid</b>	Students complete seven in-person meetings over the course of the semester, scheduled on Mondays between 7:30PM-9:00PM. The remainder of the course is practicum hours conducted at an approved social service agency.	<b>Courtney Lopez</b>
<b>SOWK 5112-H02</b>	<b>Generalist Practicum II</b>	<b>Hybrid</b>	Students complete seven in-person meetings over the course of the semester, scheduled on Wednesdays between 3:05PM-4:20PM. The remainder of the course is practicum hours conducted at an approved social service agency.	<b>Annie Zean Dunbar</b>
<b>SOWK 5112-OS1</b>	<b>Generalist Practicum II</b>	<b>Online Synchronous</b>	Students complete seven online class meetings over the course of the semester, scheduled on Tuesdays between 10:50AM-12:20PM. The remainder of the course is practicum hours conducted at an approved social service agency.	<b>James Hinkle</b>
<b>SOWK 5390-001</b>	<b>Rethinking Social Policy</b>	<b>In Person</b>	Weekly in-person meetings held on campus Monday 1:40PM-4:20PM.	<b>Andrew Rivera</b>
<b>SOWK 5390-H01</b>	<b>Rethinking Social Policy</b>	<b>Hybrid</b>	Weekly in-person meetings held on campus Wednesday 7:30PM-9:00PM. The remainder of this course is conducted online at no scheduled meeting time.	<b>Andrew Rivera</b>
<b>SOWK 5390-OL1</b>	<b>Rethinking Social Policy</b>	<b>Online Asynchronous</b>	N/A	<b>Matthew Anderson</b>

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<b>SOWK 5390-OS1</b>	<b>Rethinking Social Policy</b>	<b>Online Synchronous</b>	Weekly virtual meetings on Tuesday 4:45PM-7:20PM.	<b>Matthew Anderson</b>
<b>SOWK 6003-001</b>	<b>Treatment of Trauma</b>	<b>In Person</b>	Weekly in-person meetings held on campus Tuesday 4:45PM-7:20PM.	<b>Jessica Smith</b>
<b>SOWK 6003-B02</b>	<b>Treatment of Trauma</b>	<b>Hybrid</b>	Meets in person on the following Saturdays only: 1/24, 2/07, 2/21, 3/07, and (backup date) 3/14, 9:00AM – 4:00PM. 3/14 meeting date is a backup meeting date in case a session is cancelled due to weather, and students should confirm meeting dates on the instructor's syllabus. The remainder of the course is conducted online at no scheduled meeting time.	<b>Stephanie Gangemi</b>
<b>SOWK 6003-OS1</b>	<b>Treatment of Trauma</b>	<b>Online Synchronous</b>	Weekly virtual meetings on Thursday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	<b>Michelle Moar</b>
<b>SOWK 6003-OS2</b>	<b>Treatment of Trauma</b>	<b>Online Synchronous</b>	Weekly virtual meetings on Thursday 4:45PM-7:20PM.	<b>Jessica Mars</b>
<b>SOWK 6003-OS3</b>	<b>Treatment of Trauma</b>	<b>Online Synchronous</b>	Weekly virtual meetings on Wednesday 7:30PM-9:00PM. The remainder of this course is conducted online at no scheduled meeting time.	<b>Michelle Moar</b>
<b>SOWK 6052-OS1</b>	<b>Child Welfare: Skills &amp; Pract</b>	<b>Online Synchronous</b>	Weekly virtual meetings on Monday 7:30PM-9:00PM. The remainder of this course is conducted online at no scheduled meeting time.	<b>Kelsea Gutknecht</b>
<b>SOWK 6054-H01</b>	<b>Wellness, Recovery, Intg Care</b>	<b>Hybrid</b>	Weekly in-person meetings held on campus Tuesday 6:05PM-7:35PM. The remainder of this course is conducted online at no scheduled meeting time.	<b>Trisha Montoya</b>
<b>SOWK 6055-OS1</b>	<b>Practice w/ Military Families</b>	<b>Online Synchronous</b>	Weekly virtual meetings on Thursday 3:05PM-4:20PM. The remainder of this course is conducted online at no scheduled meeting time.	<b>Michelle Moar</b>
<b>SOWK 6058-001</b>	<b>School SW Interventions</b>	<b>In Person</b>	Weekly in-person meetings held on campus Wednesday 4:45PM-7:20PM.	<b>Carolena Steen</b>

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<b>SOWK 6058-002</b>	<b>School SW Interventions</b>	<b>In Person</b>	Weekly in-person meetings held on campus Wednesday 1:40PM-4:20PM.	<b>Carolena Steen</b>
<b>SOWK 6070-001</b>	<b>Crisis Intervention</b>	<b>In Person</b>	Weekly in-person meetings held on campus Wednesday 1:40PM-4:20PM.	<b>Barry Koch</b>
<b>SOWK 6071-OS1</b>	<b>Neuroscience for Social Work</b>	<b>Online Synchronous</b>	Weekly virtual meetings on Monday 4:45PM-7:20PM.	<b>James Hinkle</b>
<b>SOWK 6112-H03</b>	<b>Specialized Practicum II</b>	<b>Hybrid</b>	Students complete seven class meetings over the course of the semester, scheduled on Wednesdays between 4:45PM-6:00PM. The remainder of the course is practicum hours conducted at an approved social service agency.	<b>Staff</b>
<b>SOWK 6112-H02</b>	<b>Specialized Practicum II</b>	<b>Hybrid</b>	Students complete seven class meetings over the course of the semester, scheduled on Thursdays between 7:30PM-9:00PM. The remainder of the course is practicum hours conducted at an approved social service agency.	<b>Mari Moxley</b>
<b>SOWK 6112-OS1</b>	<b>Specialized Practicum II</b>	<b>Online Synchronous</b>	Students complete seven online class meetings over the course of the semester, scheduled on Mondays between 10:50AM-12:20PM. The remainder of the course is practicum hours conducted at an approved social service agency.	<b>Michelle Moar</b>
<b>SOWK 6112-OS3</b>	<b>Specialized Practicum II</b>	<b>Online Synchronous</b>	Students complete seven online class meetings over the course of the semester, scheduled on Mondays between 10:50AM-12:20PM. The remainder of the course is practicum hours conducted at an approved social service agency.	<b>Annie Zean Dunbar</b>
<b>SOWK 6112-OS4</b>	<b>Specialized Practicum II</b>	<b>Online Synchronous</b>	Students complete seven online class meetings over the course of the semester, scheduled on Mondays between 4:45PM-6:00PM. The remainder of the course is practicum hours conducted at an approved social service agency.	<b>Laurel Cartwright</b>

Course #	Course Title	Format*	Class Meetings	Instructor
SOWK 6113-001	Trauma Informed Seminar	In Person	Weekly in-person meetings held on campus Wednesday 4:45PM-7:20PM.	Mari Moxley
SOWK 6113-H01	Trauma Informed Seminar	Hybrid	Weekly in-person meetings held on campus Monday 3:05PM-4:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Michelle Moar
SOWK 6113-OS3	Trauma Informed Seminar	Online Synchronous	Weekly virtual meetings on Tuesday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Alex Ochs
SOWK 6113-OS1	Trauma Informed Seminar	Online Synchronous	Weekly virtual meetings on Tuesday 10:50AM-12:20PM. The remainder of this course is conducted online at no scheduled meeting time.	Johanna Creswell Báez
SOWK 6113-OS2	Trauma Informed Seminar	Online Synchronous	Weekly virtual meetings on Monday 7:30PM-9:00PM. The remainder of this course is conducted online at no scheduled meeting time.	Alex Ochs
SOWK 6600-OS1	Special Topics: Death, Dying, and End-of-Life Care	Online Synchronous	Weekly virtual meetings Thursday 4:45PM-7:20PM.	Shannon Johnson

### \* Course Format Descriptions

- **Hybrid** – Course uses a combination of in-person and online instruction, with the majority of the instruction being conducted online. All students attend in-person instruction together during the scheduled class time. The balance of the course is conducted online at no scheduled time (asynchronous).
- **In Person** – All instruction is in person on campus in a classroom with a specified meeting time. The instructor may also use the online Canvas course shell for assignments and/or readings and other course materials.
- **Online Asynchronous** – Course is conducted online at no scheduled time (asynchronous). All instruction is fully online including discussions, activities, group work and peer interaction. Online courses carry a \$100 online course fee.
- **Online Synchronous** – Course meets online in real time during the specified meeting time. All instruction is fully online including discussions, activities, group work and peer interaction. Online courses carry a \$100 online course fee.

Updated 12/22/2025